

NEW JERSEY STATE ATHLETIC CONTROL BOARD
P.O. BOX 180 TRENTON NJ 08625
PHONE 609-292-0317 FAX 609-341.5038
PROFESSIONAL COMBATIVE SPORTS CONTESTANT PHYSICAL EXAMINATION

Contestant Name: _____
 Street Address: _____ City _____ State _____ Zip _____
 Phone: _____ Date of Birth: _____

I certify that I have examined the above named contestant on _____ and have found him/her to be medically cleared to engage in an professional combative sport competition.

Physician Name (printed): _____
 Physician Signature: _____

Physician Address: _____ City: _____ State: _____ Zip: _____
 Office Phone: _____ Physician's License Number: _____

CONTESTANT EXAMINATION:

Height: _____
 Weight: _____
 Sex: _____
 Blood Pressure: _____
 Pulse: _____
 Temperature: _____
 Blood Type: _____
 Allergies: _____
 Medications: _____
 Any enlarged glands: _____
 Ears - Otoscopy: _____
 Mouth Pharynx: _____
 Lungs: _____
 Heart: _____
 Must include check for Murmurs: _____
 Abdomen: _____
 Abdominal Palpation: _____
 Hernias: _____
 Enlargement of Liver: _____
 Enlargement of Spleen: _____

Testis: _____
NEUROLOGICAL:
 Knee Jerk: _____
 Babinski: _____
 Rhomberg: _____
 Finger to nose: _____
 Gait: _____
 Brüdzenski: _____
 Cranial Nerves: _____
 Bicep Jerks: _____
UPPER EXTREMITIES:
 Hands: _____
 Wrist: _____
 Elbows: _____
 Shoulder: _____
 Lower Extremities: _____

Skin: _____
 Open or Superlative lesions: _____
 Rashes: _____
 Any unhealed cuts: _____
 Any indications of active renal disease: _____
PHYSICAL HISTORY:
 Chest Pains: _____
 Fainting Spells: _____
 Chest Palpitations: _____
 Hemoptysis or Vomiting of Blood _____
 Shortness of Breath _____
 Frequent Headaches: _____
 Convulsions: _____
 Past Head Injury or Concussions: _____
 Operations: _____
 Diabetes: _____
 Unconsciousness from training or competing: _____